

Patient Brochure



Affiliated with
UC San Diego Health
PHYSICIAN NETWORK™

Our Responsibility

IVFCMG Practice Team

Patient Resources

Locations

IVFCMG Mission, Vision and Value Statements

IVFCMG Corporate Office 516 W. Aten Rd., Suite 2 Imperial, CA 92251 760-355-7730

Medical Home Responsibilities

“Our goal is to be your partner in health care by serving as your medical home. We are committed to the availability of a personal physician for you who provides for all of your health care needs and coordinates your care across all settings, including medical office, hospital, behavioral health, testing facilities and other places where you receive health care.”

The Practice Team

IVFCMG uses a team-based approach to provide top quality care. Managing patient care is a team effort that involves clinical and non-clinical staff (i.e., physicians, nurse practitioners, physician assistants, nurses, medical assistants, educators, schedulers, medical records clerks, referral clerks) interacting with our patients and working as a team to achieve stated care objectives and positive health outcomes.

IVFCMG is affiliated with UC San Diego Health Care Network. This affiliation allows IVFCMG to combine the best of what we provide locally with the expertise of UC San Diego Health, a preeminent academic health system.

IVFCMG promotes the involvement of the patient, family and caregiver with the members of our patient's care team which is critically important to deliver patient-centered care.

Personal Clinician (Primary Care Provider-PCP)

IVFCMG request that patients, families and caregivers select a personal PCP clinician.

IVFCMG provides continuity of care by allowing patients, families and caregivers to select a personal PCP clinician who works with a defined care team (the primary provider and associated clinical staff and employees who work with the Provider). All providers and employees are aware of a patient's personal clinician and work to accommodate patients for visits and other communication with the selected clinician.

You can find a list of our Provider Locations in this brochure or visit www.ivfcmg.com.

Contacting your Provider Office Outside of Office Hours

Patients can seek and receive interactive (i.e., questions are answered by a person, rather than by a recorded message) clinical advice by telephone or send a web message through our Patient Portal when the office is open or closed. If you need immediate assistance, please call your Provider office. If you are experiencing a medical emergency, please go to the nearest emergency room or call 911."

Timely Clinical Advice

It is the policy of IVFCMG that our patients have timely access to interactive clinical advice to communicate with a provider after hours in a manner that is culturally and linguistically appropriate. Clinical advice by telephone after hours is communicated only to patients who are established with IVFCMG.

***You can locate your Practice's phone number in this brochure or on our IVFCMG website www.ivfcmg.com to contact them during and after normal business hours for your patient care needs.*



VISIT US ON THE WEB
www.ivfcmg.com

You will find more information regarding our Medical Group Physicians, Specialists, Patient Education and Healthcare Resources that are available to you and your family.

IVFCMG's Patient Portal

IVFCMG provides patients, families and caregivers online access through our secure Patient Portal to their health information to view, download or transmit it to a third party. Families and caregivers are those with legal authorization to access the information.

IVFCMG makes available the Clinical Summary through our Patient Portal. Information is available to patients immediately after Patient Portal activation; however not to exceed availability within four business days.

IVFCMG acknowledges that the information to make available to patients will include all data needed to diagnose and treat, such as tests, results, etc.

<http://www.ivfcmg.com/> > My Health > Patient Portal

Medical Records Request/Transfer

IVFCMG attempts to obtain records from the patient's former provider(s) in order to ensure a complete, timely and accurate patient record. IVFCMG guides and assists new patients in transferring their medical record(s) from their former provider(s). Please reach out to your Practice care team to request more information or visit:

www.ivfcmg.com › MyHealth › Patient Forms.

Coverage for Uninsured

IVFCMG offers and provides patients with information about obtaining insurance coverage to patients who do not possess coverage, or have recently lost healthcare coverage. Please reach out to your Practice care team to request more information or visit

www.ivfcmg.com › MyHealth › Patient Forms.

If you do not have health insurance, Covered California can help you determine if you qualify for Medi-Cal or federal subsidies, and can provide you with coverage options and plan costs. You can contact Covered California by phone at (800) 300-1506, TTY: (888) 889-4500 or by visiting their website at www.coveredca.com.



IMPERIAL VALLEY

**Family Care
Medical Group**

**AS YOUR PARTNERS IN
HEALTH CARE, WE HAVE
PATIENT EDUCATION AND
RESOURCES AVAILABLE ON
OUR WEBSITE:**

**[www.ivfcmg.com /
patientresources.html](http://www.ivfcmg.com/patientresources.html)**

- Affordable Care Act Resources
- Differences Between Your Provider's Office and the Emergency Department
- 5 Ways to make the most of your health coverage
- Put Your Health First
- American Cancer Society Tools & Calculators
- American Cancer Society Guidelines for the Early Detection of Cancer
- American Kidney Fund- ESRD
- UC San Diego - Patient Health Info
- Centers for Disease Control & Prevention: Influenza/Flu, Heart Disease, Smoking & Tobacco Use
- Overweight & Obesity

OUR FAMILY CARING FOR YOUR FAMILY

**IVFCMG IS A
MULTI-SPECIALTY
MEDICAL GROUP,
ASSISTING PATIENTS
WITH ALL OF THEIR
HEALTHCARE NEEDS:**

- Bone Density
- Behavioral Medicine
- Cardiology
- Electrophysiology
- Family Medicine
- Female Pelvic Medicine
- Gastroenterology
- Geriatrics
- Hepatology
- Hospitalist
- Internal Medicine
- Lab Services
- Nephrology
- Neurology
- Nuclear Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry
- Sleep Medicine
- Vascular

Brawley, CA

MD Community Care Center
Lucian Oprea, MD
Mary Kay Klockmann, FNP
608 G Street, Suite 1A
Brawley, CA 92227
Ph (760) 351-1011
Fax (760) 545-0247
Mon-Fri 8am-5pm

Yong Tan, MD
Leticia Bustamante, FNP
751 West Legion Road, Suite 102
Brawley, CA 92227
Ph (760) 351-8696
Fax (760) 545-0253
Mon-Fri 8am-5pm

Lorenzo Suarez, MD
Richard Fitzsimmons, FNP
John A Friedline, MD
Rasoul Montazeri, DO
125 South 5th Street
Brawley, CA 92227
Ph (760) 344-8100
Fax (760) 545-0243
Mon-Fri 8am-5pm
Sat 8am-4pm

Calexico, CA

Mario Ceja, MD
Vanessa Fuentes, PA
Ida Obeso, FNP
251 West Cole Road
Calexico, CA 92231
Ph (760) 357-3768
Fax (760) 545-0250
Mon-Thurs 8am-5pm
Fri 8am-2pm

Jaime Estrada, MD
1001 US Birch Street Hwy 98, Ste. 1
Calexico, CA 92231
Ph (760) 890-5593
Fax (760) 545-0251
Mon-Thurs 8am-5pm
Fri 8am-1pm

Luz, Tristan, MD
Hector Barajas, FNP
Tristan Pediatrics
401 E. Birch Street,
Calexico, CA 92231
Ph: (760) 768-5246
Fax (760) 545-0259
Mon-Thurs 7:30am-5:30pm
Fri 7:30am-4:00pm

El Centro, CA

Hussein El-Newihi, MD
Sonia Vasquez, PA
Rhonda Dessert, FNP
1550 N. Imperial Avenue, Suite 2
El Centro, CA 92243
Ph (760) 353-5888
Fax (760) 545-0246
Mon-Fri 8am-5pm

Unnati Sampat, MD
Victoria Wheaton-Young, FNP
1665 S. Imperial Avenue, Suite C
El Centro, CA 92243
Ph (760) 592-4783
Fax (760) 545-2056
Mon-Thurs 8am-5pm

Sol Reisin, MD
Rakesh Malhotra, MD
Claudia Ruiz, PA
1550 N. Imperial Avenue, Suite 1
El Centro, CA 92243
Ph (760) 353-4710
Fax (760) 545-0244
Mon-Fri 8am-5pm

Prabhdeep Singh, MD, FACP
Oscar Chavez, FNP
Ida Obeso, FNP
2061 Ross Avenue, Suite B
El Centro, CA 92243
Ph (760) 352-5800
Fax (760) 545-0249
Mon-Fri 8am-5pm



Preventive care can help you avoid potentially serious health conditions and/or obtain early diagnosis and treatment.

IVFCMG cares about your health and well being. These are some of the screenings that may be included in your *Annual Exam*:

- [Breast Cancer](#)
- [Cervical Cancer](#)
- [Colon Cancer](#)
- [Prostate Cancer](#)

Also, make sure you have had your annual vaccines, such as:

- [Flu](#)
- [Pneumococcal](#)

Make sure you call to schedule your Annual Exam with your Primary Care Doctor.

El Centro, CA

Thomas Teske, MD
Jayne Storms, FNP
1503 N. Imperial Ave. #105-B
El Centro, CA 92243
Ph (760) 337-4100
Fax (760) 545-0255
Mon-Fri 8am-5pm

Mohsen El Ramah, MD
1550 N. Imperial Avenue, Suite 1
El Centro, CA 92243
Ph (760) 352-1731
Fax (760) 545-0245
Mon-Fri 8am-5pm

Bone Density Clinic
1550 N. Imperial Avenue, Suite 1
El Centro, CA 92243
Ph (760) 352-3943
Fax (760) 545-0244
Mon-Fri 8am-5pm

MD Lab
1501 Ocotillo Dr., Suite D
El Centro, CA 92243
Ph (760) 352-2270
Mon-Fri 7am-5pm

MD Walk in Clinic
Jorge Romo, PA
1520 South Imperial
El Centro, CA 92243
Ph (760) 592-4586
Fax (760) 545-0252
Mon-Fri 9am-7:30pm
Sat 9am-4:30pm
Sun 9am-1pm

Elias Moukarzel, MD
Mitzi Gragson, MSN, WHNP-C
2109 W. Ross Ave.
El Centro, CA 92243
Ph (760) 352-4103
Fax (760) 545-0258
Mon-Fri 8am-5pm

Alidad Zadeh, DO
Jessica Ruiz, FNP
Daniel Navarro, FNP
George Zamora, FNP
1600 So. Imperial Avenue, Suite 3
El Centro, CA 92243
Ph (760) 339-2802
Fax (760) 355-9520
Mon-Fri 8am-5pm

Jorge F. Robles, MD
Jose Zepeda, FNP
Cristina Crankshaw, FNP
Talia Saikhon, PA
1501 Ocotillo Dr., Suite C
El Centro, CA 92243
Ph (760) 353-6363
Fax (760) 355-9521
Mon-Fri 8am-5pm

Patrick Wolcott, MD
Derek Loewy, PhD, DABSM, CBMS
Louis J. Katzman, M.D.
Aubrey Cox, PA
Imperial Valley Sleep Center
790 W. Orange Street, Suite D
El Centro, CA 92243
Ph (760) 353-8858
Fax (760) 545-0248
Mon-Fri 8am-5pm

Imperial, CA

Vachaspathi Palakodeti, MD
Luis Castellanos, MD
Farshad Raissi, MD
Jorge Silva Enciso, MD
Marcus Urey, MD
Stephanie Brammer, PA
516 West Aten Road, Suite 1
Imperial, CA 92251
Ph (760) 355-8300
Fax (760) 545-0240
Mon-Fri 8am-5pm

MD Laboratory
516 West Aten Road, Suite 3
Imperial, CA 92251
Ph (760) 355-2701
Fax (760) 355-8397
Mon-Fri 7am-5pm

Corporate Office
Billing Department
516 W. Aten Road, Suite 2
Imperial, California 92251
(760) 355-7730 Phone
(760) 355-7731 Fax
Mon-Thurs 8am-5pm
Fri 8am-4pm

Mission Statement

IVFCMG's mission is to enhance the health of the communities of Imperial Valley by providing access to comprehensive quality healthcare services and by providing patient and family education that encourages the practice of preventative health.

Vision Statement

IVFCMG will be a diverse, multi-specialty medical group with access to clinics and services throughout the Imperial Valley. We will strive to be the health care provider of choice in our community; we will have a team of personnel who are committed to continuously improving the level of care and services to our patients and customers.



Value Statement

Comfort, Dignity and Compassionate Care of our patients will remain our highest priority. Leadership at IVFCMG will reflect a spirit of collaboration, cooperation and trust among physicians, personnel, other community healthcare providers and our patients. We will work in the spirit of trust and teamwork with our patients, physicians, personnel and the community to deliver access to the highest quality service and physicians for our patients. We will strive to maintain quality of care and service that will be continuously improved by the study, analysis, and refinement of all processes and systems. We will inform the community on current healthcare services and available treatments through distribution of literature and the promotion of educational programs. We recognize IVFCMG personnel as our most valuable resource; and we will cultivate an environment conducive to their achieving excellence and satisfaction.